The Allergy Test Centre
London Clinics

Test Results Sheet

Miscellaneous

Gas Fumes	
Petrol	
Diesel	
Ammonia	
Ethanol	
Cigarettes	
Photo Copier Powder	
Mobile Phones	
Fluorescent Lighting	
VDU	
Cotton	
Nylon	
Latex	
Amalgam	
Sodium Lauryl Sulphate	
Persil Biological	
Persil Non-Biological	

Fur & Dust & Pollens

Sheep's Wool	
Dog Hair	
Cat Fur	
Horse Hair	
Cow Hair	
Rabbit Fur	
Feathers	
House Dust	
House Dust Mite	
Hazel Pollen	
Nettle Pollen	
Mixed Pollen	
Mixed Moulds	
Weed & Shrub	
Mixed Grasses	
Pine	
Hay Dust	
Threshings	

Vitamins & Mineral Deficiencies

Potassium	
Calcium	
Magnesium	
Iron	
Silica	
Zinc	
Manganese	
Chromium	
Iodine	
Selenium	
Vitamin A	
Vitamin B1 – Thiamine	
Vitamin B2 – Riboflavin	
Vitamin B3 – Niacin	
Vitamin B5	
Vitamin B6	
Vitamin B12	
Folic Acid	
Vitamin C	
Vitamin E	
BioAcidophilus	

Dairy

Cow's Milk	
Sheep's Milk	
Goat's Milk	
Whey	
Caseinate	
Lactose	
Cow's Yoghurt	
Cheese	
Margarine	
Butter	
Egg Yolk	
Egg White	

Meat

Ham	
Pork	
Beef	
Turkey	
Chicken	
Lamb	

Fish & Seafood

Cod	
Salmon	
Trout	
Haddock	
Crab	
Mussels	
Prawns	
Tuna	
Plaice	

Fruit & Vegetables

Citric Acid	
Banana	
Orange	
Apple	
Pineapple	
Raisins	
Blackcurrent	
Raspberry	
Lemon	
Grapes	
Kiwi	
Strawberry	
Pear	
Onion	
Cabbage	
Tomato	
Mushroom	
Carrot	
Garlic	
Potatoes	
Peas	
Cauliflower	
Cucumber	
Lettuce	
Swede	
Sprouts	
Broccoli	
Red and Green Chilli	

Grains

Soya	
Quinoa	
Corn	
Rice - White	
Rice - Brown	
Rye	
Oats	
Barley	
Wheat	
Gluten	

Alcohol

Lager	
Beer	
White Wine	
Red Wine	
Rose Wine	
Vodka	
Gin	
Whiskey	

Other

Chocolate	
Tea	
Coffee	
Caffeine	
Vanillin	
Black Pepper	
Salt	
Sugar	
Saccharine	
Aspartame	
Splenda (sweetener)	
Mono-Sodium Glutamate	
Yeast	
Peanuts	
Hazelnuts	
Almonds	
Sunflower Seeds	
Pumpkin Seeds	
Linseeds	

Artificial Colourings

E124 – Ponceau	
E131 – Patent Blue	
E142 – Lissamine Green	
E123 – Amaranth	
E110 – Sunset Yellow	
E102 – Tartrazine	
E122 – Carmoisine	
E132 – Indigo Car	
E127 – Erythrosine	

Additional Allergens

Dietary Advice:

Supplements	**£**
Cost of Test	**£**
Total Amount Paid	**£**

Test Performed By: _____

Date of Test: _____

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