

20 Item Mini-Test Results

Name: _____

Date: _____

Allergens

Cow Milk	
Sheep Milk	
Goat Milk	
Whey	
Caseinate	
Lactose	
Cow Yoghurt	
Cheese	
Butter	
Egg Yolk	
Egg White	
Wheat & Wheat Gluten	
Yeast	
White Wine	
Red Wine	
Tea	
Coffee	
Saccharine	
Aspartame	
Mono-Sodium Glutamate	

Vitamin & Mineral Deficiencies

Potassium	
Calcium	
Magnesium	
Iron	
Silica	
Zinc	
Manganese	
Chromium	
Iodine	
Selenium	
Vitamin A	
Vitamin B1 – Thiamine	
Vitamin B2 – Riboflavin	
Vitamin B3 – Niacin	
Vitamin B5	
Vitamin B6	
Vitamin B12	
Folic Acid	
Vitamin C	
Vitamin E	

Should you have any questions regarding your results, please do not hesitate to contact the Allergy Test Centre.